

# THE SPEECH BUBBLE

The Speak, Learn and Grow Newsletter

Helping your  
child develop an  
understanding  
of other  
people's  
perspectives

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## Winter is here!

The scarves & beanies are out and winter colds & flus have arrived. We encourage you to do whatever you can to stay healthy this winter and remind you of our cancellation policy: If you give less than a weeks' notice you can choose to book in a make-up session or pay the cancellation fee.

Our newsletter is full of information & fun as always. Grab a hot chocolate or warm drink of choice and enjoy reading.

Term 3 is here & we are rugged up and ready!

## TERM 3 2023

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# MEET OUR NEW TEAM MEMBERS

## Anna *Therapy Assistant*

### **Qualifications**

Bachelor of Speech Pathology at Australian Catholic University - 4th year.

### **Why do you like Speech Pathology?**

I love working with kids in a fun environment whilst supporting their ability to grow and develop their communication skills. I have always found speech pathology to be interesting and enjoyable.

### **Random Fact**

My favorite food is Italian 🍝



## Isabelle *Therapy Assistant*

### **Qualifications**

Master of Speech Pathology at UTS - 1st year.

### **Why do you like Speech Pathology?**

I have always loved English and Science, and I would like to have a positive impact on the lives of others. Speech Pathology ticks all those boxes for me!

### **Random Fact**

Last year I visited Mongolia and ended up on their national news.

## Why do we use Therapy Assistants ?

Therapy assistants are able to provide much needed repetitive practice at a lower rate. A lot of therapy requires repetition of the same skills until they are mastered. Speech therapy students are very competent in being able to provide this repetition and practice under the guidance of a therapist. With the increasing demand for speech therapists, we have many children on our waitlist waiting for services. Involving therapy assistants in the intervention, frees up therapists to see more clients. Therapy assistants have more availability to complete sessions at your home / school / preschool.

# FAMILY CENTERED THERAPY

**At Speak, Learn & Grow, we believe in following a family centered approach to therapy.**

**Support works best when we understand each family's individual goals, expectations, values and everyday life.**

**Parents know their children and their family best.**

**All families have strengths, and they learn and grow best when we use their strengths.**



**Children learn and develop best through everyday play and interactions with parents, carers and families.**

**Parents are experts on their children. With a family-centred approach, we can draw on parents expertise and use it to develop the right supports and services for children.**

**When we help families build skills, knowledge and confidence for interactions, we also help to create the best environment for children's development and wellbeing.**

# HOLIDAY PROGRAM for PRESCHOOLERS

In the school holidays, we have begun holding language workshops for preschoolers in order to help prepare them before starting Kindy!



## **About**

Groups: 3-4 children per group

Duration: 3x 90-min sessions, 3 days in a row

Cost: \$150.00 total (\$50.00 per session!)

Theme: A book of choice

## **What your child will learn**

The program will target:

- Vocabulary
- Sequencing skills
- Inferencing & predicting
- Story telling
- Following directions
- Sound awareness skills
- Pre-literacy skills
- Confidence!

## **What you will learn**

At the end of the program, parents will be provided with feedback and strategies from the therapists in order to take skills home and keep the learning momentum going.

## **What the sessions look like**

Every holidays, a new book will be selected and the 3 sessions will be based on that book. This consistency will allow for a deep-dive into the theme so the children can be fully immersed!

Some examples of activities based on the book may include:

- Craft
- Matching games
- Learning new verbs (and doing them!)
- Clapping out syllables
- Listening to sounds in words
- Acting
- Doing tasks in sequence

And much more!

If you would like to sign up or have any questions, please email us at [info@speech-learning.com.au](mailto:info@speech-learning.com.au) or call us on 9526-2788

# COMMUNITY SPOTLIGHT

## Have you heard of the Phoenix Community Project?

**Phoenix Community Project Inc** is a hybrid between a disability support service and a youth centre.

**Phoenix Community Project Inc** is non-profit! It aims to enable its participants to live life on their terms through collaborative, social, and individualised support. They seek to provide a safe environment to experience life.



### Did you know...

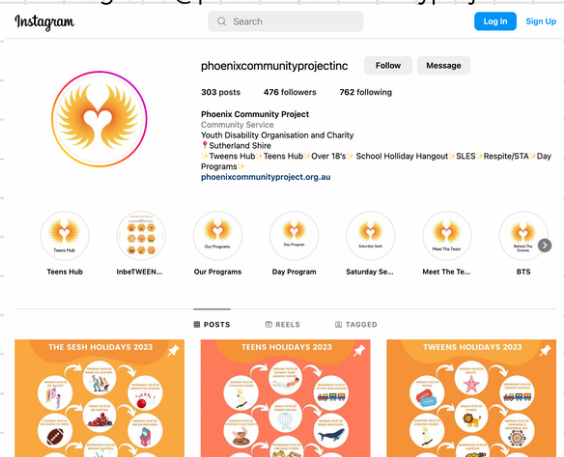
The **Phoenix Community Project** runs a School Holiday Hangout! In their Hangout they provide activities such as Flip Out, bowling, go-karting, beach picnics, Putt Putt, Jamberoo plus loads more!

It is the ultimate hangout zone for kids and teens who just want to make some mates.

### What can the Phoenix Community Project do for your child:

- Build their independence and teach safe life skills through their Independence Life Skills workshops (funded through NDIS)
- Form lasting peer relationships through their camps and retreats
- Help get job ready through the SLES Academy (funded by NDIS)

Instagram: @phoenixcommunityprojects



Learn more about the **Phoenix Community Project Inc**

by visiting their website  
<https://phoenixcommunityproject.org.au/>  
or Instagram

# PARENT TIPS

*How can you help your child see other people's perspective?*

Talking about the feelings and thoughts of others, can help children:

- understand stories
- build their vocabulary
- relate to other people



## **Tip #1 Play Time**

Let's draw!

While drawing on paper with your child, make comments about what you're thinking and feeling.

For example, "I'm feeling so excited to see what you draw!"

and

"I think you are going to draw your favourite animal".

Be sure to pause and wait for your child to respond to your comments.



## **Tip #3 On the Go**

Next time you are at the shops or at a restaurant, and you see another child upset and crying, talk about what could have upset the child.

Ask your child to talk about a time when they were really upset and crying.

Ask them to think about what happened to make them feel that way.

The **Hanen Centre** has a range of fun tips that you can use anytime and anywhere to help your child put themselves in someone else's shoes



## **Tip #2 Daily Activities**

Next time you are at the playground, talk about how the children around you might be feeling. For example, "Johnny can't seem to go down the slide by himself? How do you think Johnny feels?" Ask your child to think about how they might feel if they couldn't go down the slide by themselves.

## **Tip #4 Book Reading**

Shared book reading is a great way to talk about how characters are feeling and what they are thinking.

Make comments while reading such as "I think Bob's parents are feeling angry because Bob won't go to sleep!"

and

"Bob thinks he can keep on playing because he isn't feeling tired"

Be sure to pause and wait for your child to respond to your comments.

# DO YOU WANNA BUILD A SNOWMAN?



Get  
crafty

To make these adorable snowmen you simply need to collect white toilet paper rolls.

Use felt & some ribbon to make the hats and felt or ribbon for the scarfs.

Stick on some colourful buttons & eyes.

Top off with a felt or paper nose & draw a stone mouth.

For more information see:

<https://www.artycraftykids.com/craft/paper-roll-snowman/>

# CONNECT WITH US

The team at Speak, Learn and Grow want to stay connected with all members of the community.

Please follow us on our socials.



[SpeakLearnGrowSpeechPathologyServices](https://www.facebook.com/SpeakLearnGrowSpeechPathologyServices)



[@speaklearngrow](https://www.instagram.com/@speaklearngrow)



[Speak, Learn and Grow Speech Pathology Services](https://www.linkedin.com/company/Speak_Learn_and_Grow_Speech_Pathology_Services)

## HOW TO CONTACT US WITH FEEDBACK/COMPLAINTS

Speak to your  
therapist directly

Leave your feedback in the  
'Feedback Dropbox'  
at Reception

Fill in a Feedback form on our  
website:  
[www.speech-learning.com.au](http://www.speech-learning.com.au)

Approach our  
friendly  
reception staff

Email us directly  
[info@speech-learning.com.au](mailto:info@speech-learning.com.au)

