

THE SPEECH BUBBLE

The Speak, Learn and Grow Newsletter

What can I do to
get my child
ready for school?

page 6



Welcome back to a new year!

This may be a very big year for your child as he/she starts the new adventure of big school. Otherwise, it may be simply a new grade, new teacher and a new class. Wherever your child is on the school journey, we are here to support their learning by building language, literacy and speech skills.

We would like to introduce you to our new team (page2) and help you to build essential school readiness skills (page5). Don't forget that we do therapy intensives every school holiday (page4).

Let the adventure begin!

BACK 2 SCHOOL 2023

New team members	pg 2
What we believe	pg 3
What's On	pg 4
Useful Info	pg 5
Fun for the kids	pg 6
Updates	pg 7

MEET OUR NEW TEAM MEMBERS

Elise *Speech Pathologist*

Qualifications

Bachelor of Speech Pathology from Australian Catholic University where I graduated with first class honours.

Why do you like Speech Pathology?

It allows me to follow my passion for working with children whilst making therapy a fun and motivating experience for each of my clients.

Random Fact

In my spare time I love all things crafty and creative – painting, embroidery, crochet, cake decorating, scrapbooking – you name it and I've probably tried it!



Siobhan *Reception*

Experience

Prior to commencing my professional career I was a Hairdresser, but most recently was working for a national company assisting people with their careers.

Why do you like working at SLG?

Working in a great team environment and giving out treats to all the kiddies!

Random Fact

I share a birthday with Colonel Sanders KFC founder 🎂

Julia *Speech Pathologist*

Qualifications

Bachelor of Applied Science (Speech Pathology) from the University of Sydney

Why do you like Speech Pathology?

I like Speech Pathology because it gives me the opportunity to work with such diverse age groups and skills. I am passionate about building relationships with my clients and their families, as we work together to achieve our goals whilst having fun.

Random Fact

In 2022, I spent eight weeks in the Northern Territory whilst on rural placement and returned to Sydney via a two-week camping road trip discovering Outback Australia!



WHAT WE BELIEVE

We believe

In providing a high quality service while genuinely caring for our clients & families.

We believe in a family centered approach & are constantly trying to improve our policies to reflect this.

We believe that it is our role to guide & make recommendations but families are integral to all decision making.



How do we do this?

- we **listen** to what you are concerned about & focus on what's important to you
- we **set goals** together
- we **encourage** parents to be in the therapy room with the therapist
- we **teach** you what to do or give ideas of how to practice the skills at home
- we **send** our written notes to you after each session

Why do we do this?

- you know your child best and are their first teacher
- you spend more time with your child than any of their therapists or teachers do
- you can practice new skills in everyday environments, e.g. home, park, shops
- it empowers you, as the parent, to help your child

"Parents are teachers and home is a child's first and most important classroom"

Hillary Clinton

SCHOOL HOLIDAY INTENSIVES

DO YOU KNOW WE RUN SCHOOL HOLIDAY INTENSIVES?

School Holidays are a great time to boost your child's literacy skills by enrolling in an intensive program.

These programs run for 5 days over the first and second week of the holidays and generally consist of groups of 2-3 children.

**INTENSIVE
THERAPY
WITH BIG RESULTS**



Therapists follow a designed structure, but are able to adjust the content, pace or focus based on your child's individual needs.

WHAT IS THE VALUE?

We can cover more skills and strategies over a shorter period. Attending therapy daily results in quick wins and reduces the need for home practice.



School readiness groups aim to support:

- ✓ Increased confidence and self esteem before school.
- ✓ Improvements in early phonics skills and sound awareness.
- ✓ Social skills development, by learning to be a team player.
- ✓ Language skills (understanding information and expression).
- ✓ Attention and listening skills.

COMMUNITY GROUP SPOTLIGHT!



Putting a spotlight on our favourite podcast

"Too Peas in a Podcast" is a Podcast hosted by Mandy Hose and Kate Jones. They chat about [parenting multiples with disabilities and additional needs](#).

Kate has 5 children of her own, including identical twin boys, which was her inspiration behind starting the podcast.

The podcast discusses a wide range of topics and is a quick and fun way to learn new things, consider new ideas and gain inspiration and motivation.

Some of our favourite episodes include:

- Getting your child ready for starting school
- Sensory challenges with school uniforms
- Advocating for your child with ADHD
- Interviews with teachers and parents of neurodiverse children
- Inclusive and accessible sport
- How to support a neurodiverse child in positive, strength-based ways

... and many more!

Did you know...

They received a nomination for Australian of the Year!



www.toopeasinapodcast.com.au

You can find them on:



and more!



SKILLS TO WORK ON TO GET READY FOR SCHOOL

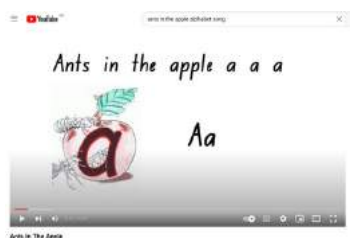
Developing your child's phonological awareness is the key early reading & spelling success

LETTER SOUND KNOWLEDGE

Children learn through song and dance.

Ants in the Apple is an excellent song that kids love to sing along to.

It teaches the letters of the alphabet as well as phonics.



<https://www.youtube.com/watch?v=9gsph3Q3fgo>



BLENDING & SEGMENTING

These fun phonemic awareness activities will keep your kids engaged in segmenting and blending words all summer!



<https://natalielynnkindergarten.com/segmenting-and-blending-activities/>



RHYMES

Play fun games online at Education.com

Dino bones: Rhyming Words



<https://www.education.com/game/dino-bones-rhyming-words/>

Match the words

<https://www.education.com/game/match-rhyming-words/>



WRITING

Make writing fun on the iPad. Download the ABC App LetterSchool - Learn to Write!



STARTING SCHOOL FUN

My First Day of Kindergarten



A Picture of Me on My First Day

My name is:

My school this year is:

My teacher this year is:

My best friend is:

My favorite book to read is:

My favorite movie to watch is:

My favorite color is:

When I grow up I want to be:

My favorite thing to eat at lunch is:

My favorite thing about school is:

This year I want to learn:

My favorite thing about myself is:

Get crafty and creative with this child-friendly interview

CONNECT WITH US

The team at Speak, Learn and Grow want to stay connected with all members of the community.

Please follow us on our socials.



[SpeakLearnGrowSpeechPathologyServices](https://www.facebook.com/SpeakLearnGrowSpeechPathologyServices)



[@speaklearngrow](https://www.instagram.com/@speaklearngrow)



[Speak, Learn and Grow Speech Pathology Services](https://www.linkedin.com/company/Speak_Learn_and_Grow_Speech_Pathology_Services)

HOW TO CONTACT US WITH FEEDBACK/COMPLAINTS

Speak to your
therapist directly

Leave your feedback in the
'Feedback Dropbox'
at Reception

Fill in a Feedback form on our
website:
www.speech-learning.com.au

Approach our
friendly
reception staff

email us directly
info@speech-learning.com.au

